

# Local Support for Teens:



## California Youth Services: Pathways Community Counseling Center

Counseling for substance abuse, delinquent behavior, mental health struggles, and families in crisis.

**Address:** 23282 Mill Creek Drive, #130, Laguna Hills, CA 92653

**Phone:** (949) 303-9016

**Website:** <http://www.cyspathways.org/>



## Casa Youth Shelter

Temporary shelter for runaways and youth in crisis.

**Address:** 10911 Reagan Street, Los Alamitos, CA 90720

**Phone:** (714) 995-8601

**24/7 helplines:** 1-800-914-2272 (call) 1-800-217-5758 (text)

**Website:** <https://www.casayouthshelter.org/>



## La Vida Life Counseling Center

Therapy, anger management, and healthy relationship classes. Support groups for Dreamers, victims of sexual abuse, domestic violence, and grief.

**Address:** 162 N Glassell St Suite C, Orange, CA 92866

**Phone:** (714) 883-9156

**Website:** <https://www.lavidacounselingcenter.com/>



## Living Well Pregnancy Centers

Free pregnancy services such as testing, ultrasounds, parenting classes, and counseling.

**Address:** 2010 N Tustin St C, Orange, CA 92865

**Phone:** (714) 633-4673

**Website:** <https://www.living-well.org/>



## Mariposa Center

Women's health services. Counseling for those suffering from depression and anxiety, substance abuse, and survivors of domestic violence.

**Address:** 1845 W. Orangewood Ave, #300, Orange, CA 92868

**Phone:** (714) 547-6494

**Website:** <https://www.mariposacenter.org/>



## NAMI Orange County

Workshops, classes, and resources for youth struggling with their mental health.

**Address:** 16480 S. Harbor Blvd, #101, Fountain Valley, CA 92708

**Phone:** (714)-544-8488

**Website:** <https://www.namiooc.org/>



## The LGBTQ Center OC

Safe space, counseling, and social/support groups for LGBTQ+ youth.

**Address:** 1605 N Spurgeon St, Santa Ana, CA 92701

**Phone:** (714) 953-5428

**Website:** <https://www.lgbtqcenteroc.org/>



## Looking for more resources?

Check out our teen reading lists for fiction and non-fiction books on similar topics.



Orange Public Library & History Center

407 E. Chapman Ave. Orange, CA 92866  
(714) 288-2418

[www.cityoforange.org/library](http://www.cityoforange.org/library)  
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